

Sailing Instructions

Norwalk Yacht Club Winter Sailing Program 2017-18

1. Rules

- 1.1 The regatta will be governed by *The Racing Rules of Sailing For 2017-2020 (RRS)*, and the prescriptions of US Sailing, except as they are changed by these Sailing Instructions and the Notice of Race.

2. Notices to Competitors

- 2.1 Notices to Competitors may be made from time to time by the Organizing Authority or the Race Committee. These Notices may be made verbally or in writing. If in writing, they will be posted on the notice board of Norwalk Yacht Club.

3. Changes to Sailing Instructions

- 3.1 Any changes to the Sailing Instructions will be posted on the notice board of Norwalk Yacht Club.

4. Schedule of Races

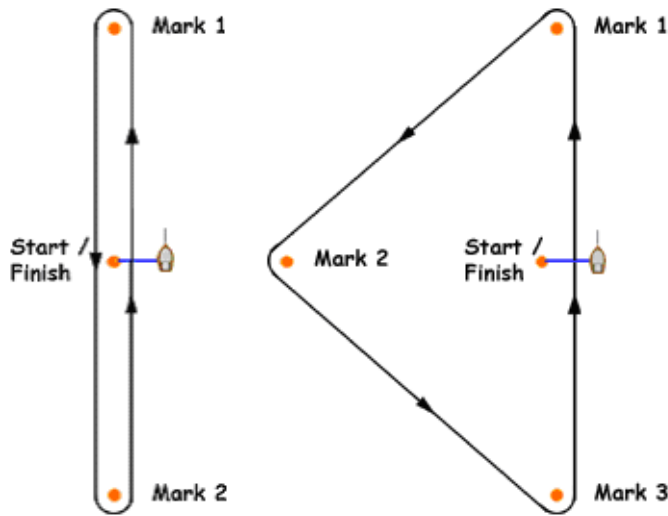
- 4.1 Races shall be held at the Norwalk Yacht Club on each Sunday commencing the first Sunday in November and ending on the final Sunday of March, as detailed in the schedule below.
- 4.2 The season shall be scored in two series: Fall and Spring. An Overall (Fall and Spring combined) Series and Rookie Series may also be scored.
- | | | | | | |
|---------------|--------|--------|--------|--------|--------|
| Fall | 5-Nov | 12-Nov | 19-Nov | 26-Nov | 3-Dec |
| | 10-Dec | 17-Dec | 31-Dec | 7-Jan | 14-Jan |
| Spring | 21-Jan | 28-Jan | 4-Feb | 11-Feb | 18-Feb |
| | 25-Feb | 4-Mar | 11-Mar | 18-Mar | 25-Mar |
- 4.3 The first signal for racing shall sound at 1300. No signal to start shall be sounded by the Race Committee after 1500. These times may be modified at the discretion of the Race Committee or the Organizing Authority.
- 4.4 If a postponement is made ashore by the Race Committee or the Organizing Authority, and such postponement is not lifted before 1345, then racing is canceled for that day. There will be no make up days.

5. Racing Area

- 5.1 Races will be held in the vicinity of Norwalk Yacht Club in Wilson Cove.
- Norwalk Yacht Club
10 Nathan Hale Drive
Norwalk, CT 06854
203-866-0941

6. The Courses

- 6.1 The course will be windward-leeward-finish as approximated in the following diagram, with the start-finish between the windward and leeward marks. All marks will be left to port.
- 6.2 The Organizing Authority and the Race Committee may add a gybe mark as in the diagram below.
- 6.3 Competitors may re-cross the start/finish line while racing.
- 6.4 The finish will be the same as the starting line.



7. Marks

- 7.1 Marks shall be orange or pink balls. The Organizing Authority or the Race Committee may substitute other marks at their discretion.

8. The Start

- 8.1 A minimum of 4 boats is required for a start to be counted towards series scoring.
- 8.2 Races will be started using sound signals as follows:

3 minutes	3 long blasts	Warning
2 minutes	2 long blasts	Preparatory
1.5 minutes	1 long and 3 short blasts	
1 minute	1 long blast	
30 seconds	3 short blasts	
20 seconds	2 short blasts	
10 seconds	1 short blast	
5-1 seconds	1 short blast every second	
START	1 very long blast	

- 8.3 The starting line will be between a staff on the race committee shack at the starboard end of the line and a buoy or pole at the port end of the line. The Race Committee and the Organizing Authority may change the starting area and configuration to suit conditions.
- 8.4 A boat shall not start later than 3 minutes after her starting signal or will be scored Did Not Start. This changes Rule A4 (Low Point and Bonus Point Systems).

- 8.5 Rules 30.1 (I Flag Rule, i.e. round-the-ends rule) and 30.3 (U Flag Rule, i.e. one minute rule) are modified to replace flag I and flag U with a verbal announcement (hail) from the committee.
- 8.6 Rules 30.2 (Z Flag Rule, i.e. 20% penalty rule) and 30.4 (Black Flag Rule) are deleted.
- 8.7 The fleet will be notified of individual and general recalls via verbal warning. This modifies Rules 29.1 (Individual Recall) and 29.2 (General Recall). It is expected that racers will help repeat the offending sail numbers called by the Race Committee to ensure that those over early have been informed of their mistake.
- 8.8 The Race Committee and the Organizing Authority may use a downwind start.

9. Change of the Next Leg of the Course

- 9.1 Courses will not be shortened aside from mark changes. This changes Rule 32 (Shortening or Abandoning After the Start).
- 9.2 If the leeward mark needs to be moved after the start, it will be moved before the first boat reaches the windward mark. Sound or visual signals may be made at the discretion of the Race Committee, which modifies Rule 33 (Changing the Next Leg of the Course).

10. The Finish

- 10.1 The finishing line will be between a staff on the race committee shack at the starboard end of the line and a buoy at the port end of the line. The Race Committee and the Organizing Authority may change the starting area and configuration to suit conditions.

11. Penalty System

- 11.1 Rules 44.1 (Taking a Penalty) and 44.2 (One-Turn and Two-Turns Penalties) are modified so that the 720° turn is replaced by a 360° turn including one tack and one gybe.
- 11.2 A boat that has taken a penalty or retired under Rules 44.1 (Taking a Penalty) and 44.2 (One-Turn and Two-Turns Penalties) shall notify the race committee as soon as is practical.
- 11.3 As provided in Appendix P (Special Procedures for Rule 42 (Propulsion)), the protest committee may, without a hearing, penalize a boat that has broken Rule 42 (Propulsion).

12. Time Limits and Target Times

- 12.1 The time limit for all yachts to finish a race will be 30 minutes.
- 12.2 Yachts failing to finish within the time limit will be scored Time Limit Expired.
- 12.3 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Time Limit Expired. This changes Rules 35 (Time Limit and Scores) and A4 (Low Point and Bonus Point Systems).

13. Protests and Requests for Redress

- 13.1 Competitors intending to protest another boat shall notify the other skipper at the first reasonable opportunity, and will also inform the race committee immediately after the completion of the race.
- 13.2 The Protest Committee will be comprised of the majority of sailors remaining present who participated in Frostbite Sailing on the day of the incident (sailors, race committee members, knowledgeable volunteers, etc.). Additional Protest Committee members who didn't participate in Frostbite Sailing on the date of the incident may be included if the protester(s) and protestee(s) agree. The goal is for the Protest Committee to be

comprised of knowledgeable, non-partisan members able to make a fair and equitable judgment of the facts and relevant Racing Rules of Sailing involved.

- 13.3 If all parties to the protest agree, a verbal protest hearing will be heard the day of the incident and a decision will be rendered by the Protest Committee.
- 13.4 If 13.3 is not acceptable to all parties in the incident, then the protest shall be submitted in writing to the Protest Committee. Protests shall be heard in approximately the order of receipt as soon as possible.

14. Scoring

- 14.1 At least four yachts on the line shall be required for a race to count for series scoring.
- 14.2 Scoring shall use the Series Longer Than a Regatta scoring system as described in Appendix A9 of the US Sailing edition of The Racing Rules of Sailing.
- 14.3 The Series Longer Than a Regatta scoring system will be modified as follows. For any given race, the denominator of a participant's score will be based on the total number of entrants in the series, not the entrants in the race or the number of boats which came to the starting area on that day. The numerator of a participant's score will be based on the number of starters in each race, not the number of boats which came to the starting area on that day.
- 14.4 To qualify for inclusion in the final series results a boat shall compete in (i.e., finish in a completed race) at least 55 percent of the races completed.
- 14.5 Competitors who serve as race management personnel under the schedule published by the Organizing Authority shall have those races count as races sailed and be awarded the average percentage for the series in question for those races. Competitors are required to serve one day as race committee and will get race credit for one day only. On occasion, a competitor may be required to perform race management duties instead of sailing. In this situation, they shall be eligible for race credit for the races that they missed.
- 14.6 If a competitor races at an outside Dyer Dhow event on the same weekend that races for this series are completed, the competitor has the option to decline sailing in the Norwalk Yacht Club series and be awarded his or her average score for the series for each race completed that weekend. Proof of competition in the outside event is required if this option is exercised, and must be submitted to the Winter Sailing Program chairperson(s).
- 14.7 There will be no discard races.

15. Safety Regulations

- 15.1 Competitors shall wear a U.S. Coast Guard approved personal flotation device at all times when on the water.
- 15.2 No boats shall leave the dock until at least one safety boat is under way.
- 15.3 The Race Committee shall not start a race if the wind chill factor is below 5° F, or if the wind gusts above 25 knots. The Race Committee shall be the sole and final judge of the conditions.
- 15.4 Should a competitor capsize/swamp during a race, the race and subsequent races will continue without delay. However, any boat that finishes a race that must be halted because two or more boats have capsized/swamped shall receive points equal to their finish; boats still racing and not capsized/swamped at the time racing is halted shall receive the greater of their average score for the regatta or one plus the number of that race's finishers; capsized/swamped boats shall receive a score of DNF.

16. Equipment and Measurement Checks

- 16.1 The races will be held in 9' Dyer Dhow dinghies.

- 16.2 Sails must approximate the “standard” 9’ Dyer Dhow sail: no headboard, full-length battens or exceptionally large sails. Sail measurements are approximately 12’ 6” luff, 13’ 3” leech, 7’ 3” foot, 5” max foot skirt, 4’ 6.5” mid-girth (by folding to mid-points). Sail measurements are available from the Norwalk Yacht Club Winter Sailing Committee, the Organizing Authority.
- 16.3 Competitors shall race at a minimum of 180 pounds. A maximum of 40-pounds of ballast shall be supplied by the skipper. A gallon of water shall be considered 10 lbs.
- 16.4 All boats shall have a bailer of sufficient size permanently attached to the boat.

13. Prizes

- 13.1 Prizes shall be awarded to first, second and third place finishers in the Fall Series and the Spring Series. An Overall Series (combined Fall and Spring) and Rookie Series may also be scored.
- 13.2 A First Place trophy will awarded to the winner of the Bob Simard Tavern Island Race.
- 13.3 The Jack Ritchey Judges Trophy is awarded to the sailor who displays knowledge of, uses, and teaches the Racing Rules of Sailing.
- 13.4 The Frostbite Volunteer Award is presented to the sailor who, in the mind of the Organizing Authority, donates the most time and talent to the Program. The recipient need not be a member of the Program.
- 13.5 The Penguin Award will be awarded at the Organizing Authority’s discretion based on the greatest number of capsizes of the season or, if a clear winner is not determined, to the sailor who has demonstrated the greatest skill and aptitude at capsizing.

18. Disclaimer of Liability

- 18.1 Competitors participate in the regatta entirely at their own risk. See Rule 4 (Decision to Race). The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.