

Sailing Instructions

Norwalk Yacht Club Frostbite Fleet
Larry Goodwin Trophy
Saturday, February 10, 2018

1. Rules

- 1.1 The regatta will be governed by The Racing Rules of Sailing For 2017-2020 (RRS), and the prescriptions of US Sailing, except as they are changed by these Sailing Instructions and the Notice of Race.

2. Notices to Competitors

- 2.1 Notices to Competitors may be made from time to time by the Organizing Authority or the Race Committee. These Notices may be made verbally or in writing. If in writing, they will be posted on the door of the junior program clubhouse.

3. Changes to Sailing Instructions

- 3.1 Any changes to the Sailing Instructions will be posted on the door of the junior program clubhouse.

4. Schedule of Races

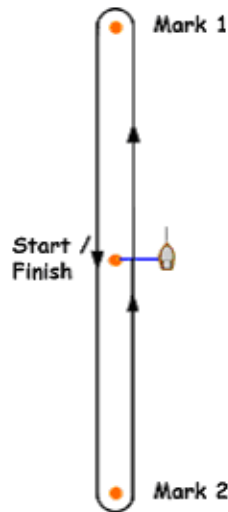
- 1045 Registration
 - 1130 Skippers Meeting
 - 1200 First Warning
 - 1500 No warning signal will be made after 1500
- Awards and refreshments to follow derigging and any protests

5. Racing Area

- 5.1 Races will be held in the vicinity of Norwalk Yacht Club in Wilson Cove.
Norwalk Yacht Club
10 Nathan Hale Drive
Norwalk, CT 06854
203-866-0941
- 5.2 Directions are available on Norwalk Yacht Club's website at www.norwalkyachtclub.com
=> Boating => Visiting Yachtsmen.

6. The Courses

- 6.1 The course will be windward-leeward-finish as approximated in the following diagram, with the start-finish between the windward and leeward marks. All marks will be left to port.
- 6.2 The Race Committee reserves the right to add a gybe mark as conditions warrant.
- 6.3 Competitors may recross the start/finish line while racing.
- 6.4 The finish will be the same as the starting line.



7. Marks

7.1 Marks shall be orange or pink balls. The Organizing Authority or the Race Committee may substitute other marks at their discretion.

8. The Start

8.1 A minimum of 4 boats is required for a start.

8.2 Races will be started using the Sound-Signal Starting System of Appendix S:

3 minutes	3 long blasts
2 minutes	2 long blasts
1.5 minutes	1 long and 3 short blasts
1 minute	1 long blast
30 seconds	3 short blasts
20 seconds	2 short blasts
10 seconds	1 short blast
5-1 seconds	1 short blast every second
START	1 long blast

8.3 The starting line will be between a staff on the race committee shack at the starboard end of the line and a buoy or pole at the port end of the line. The Race Committee and the Organizing Authority may change the starting area and configuration to suit conditions.

8.4 A boat shall not start later than 3 minutes after her starting signal or will be scored Did Not Start. This changes Rule A4 (Low Point and Bonus Point Systems).

8.5 Rules 30.1 (I Flag Rule, i.e. round-the-ends rule) and 30.3 (U Flag rule, i.e. one minute rule) are modified to replace flag I and flag U with a verbal announcement (hail) from the committee.

8.6 Rules 30.2 (Z Flag Rule, i.e. 20% penalty rule) and 30.4 (Black Flag Rule) are deleted.

8.7 The fleet will be notified of individual and general recalls via verbal warning. This modifies Rules 29.1 (Individual Recall) and 29.2 (General Recall). It is expected that racers will help repeat the offending sail numbers called by the Race Committee to ensure that those over early have been informed of their mistake.

9. Change of the Next Leg of the Course

- 9.1 Courses will not be shortened aside from mark changes. This changes Rule 32 (Shortening or Abandoning After the Start).
- 9.2 If the leeward mark needs to be moved after the start, it will be moved before the first boat reaches the windward mark. Sound or visual signals may be made at the discretion of the Race Committee, which modifies Rule 33 (Changing the Next Leg of the Course).

10. The Finish

- 10.1 The finishing line will be between a staff on the race committee shack at the starboard end of the line and a buoy or pole at the port end of the line. The Race Committee and the Organizing Authority may change the finish area and configuration to suit conditions.

11. Penalty System

- 11.1 Rules 44.1 (Taking a Penalty) and 44.2 (One-Turn and Two-Turns Penalties) are modified so that the 720° turn is replaced by a 360° turn including one tack and one gybe.
- 11.2 A boat that has taken a penalty or retired under Rules 44.1 (Taking a Penalty) and 44.2 (One-Turn and Two-Turns Penalties) shall notify the race committee as soon as is practical.
- 11.3 As provided in Appendix P (Special Procedures for Rule 42), the protest committee may, without a hearing, penalize a boat that has broken Rule 42 (Propulsion).

12. Time Limits and Target Times

- 12.1 The time limit for all yachts to finish a race will be 30 minutes.
- 12.2 Yachts failing to finish within the time limit will be scored Did Not Finish.
- 12.3 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes Rules 35 (Time Limit and Scores) and A4 (Low Point System).

13. Protests and Requests for Redress

- 13.1 Competitors intending to protest another boat shall notify the other skipper at the first reasonable opportunity, and will also inform the race committee immediately after the completion of the race. Rule 61.1 (Informing the Protestee) is modified such that the display of a red flag is not required.
- 13.2 All protests shall be submitted in writing to the protest committee as soon as possible.
- 13.3 Protests shall be heard in approximately the order of receipt as soon as possible.

14. Scoring

- 14.1 At least four yachts on the line shall be required for a race to count for scoring.
- 14.2 The low-point scoring system as described in Appendix A4 of the Rules will apply.
- 14.3 Two races shall constitute a series.
- 14.4 If eight (8) or more races are sailed, each competitor's worst score will be discarded.

15. Safety Regulations

- 15.1 Competitors shall wear a U.S. Coast Guard approved personal flotation device at all times when on the water.
- 15.2 No boats shall leave the dock until at least one safety boat is under way.
- 15.3 The Race Committee shall not start a race if the wind chill factor is below 5° F, or if the wind gusts above 25 knots. The Race Committee shall be the sole and final judge of the conditions.

- 15.4 Should a competitor capsize/swamp during a race, the race and subsequent races will continue without delay. However, any boat that finishes a race that must be halted because two or more boats have capsized/swamped shall receive points equal to their finish; boats still racing and not capsized/swamped at the time racing is halted shall receive the greater of their average score for the regatta or one plus the number of that race's finishers; capsized/swamped vessels shall receive a score of DNF.

16. Equipment and Measurement Checks

- 16.1 The races will be held in 9' Dyer Dhow dinghies.
- 16.2 Sails must approximate the "standard" 9' Dyer Dhow sail: no headboard, full-length battens or exceptionally large sails. Sail measurements are approximately 12' 6" luff, 13' 3" leech, 7' 3" foot, 5" max foot skirt, 4' 6.5" mid-girth (by folding to mid-points).
- 16.3 Competitors shall race at a minimum of 180 pounds. Ballast, if needed, shall be supplied by the skipper, and shall be approved by the Organizing Authority. No sailor shall be required to carry more than 40 pounds of ballast. For measurement purposes, a gallon of water shall be considered 10 lbs.
- 16.4 All boats shall have a bailer of sufficient size permanently attached to the boat.

17. Prizes

- 17.1 Prizes will be awarded to first, second, and third place finishers.
- 17.2 A prize may be awarded for the best finish among novice skippers (i.e. those who started racing Dyers less than a year ago and aren't top finishers).
- 17.3 A prize may be awarded to the top female skipper.

18. Disclaimer of Liability

- 18.1 Competitors participate in the regatta entirely at their own risk. See Rule 4 (Decision to Race). The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.