

## SPINNAKER STEPS

H = *helmsman*      C = *crew*

### Raising the Spinnaker

- C - puts pole up to windward, prior to windward mark, setting it parallel to water
  - C – presets twings, pulling the windward one down to about four inches from the deck, the leeward twing is attached but eased all the way out, with a knot in the end to prevent it from slipping out of the cleat
  - H - bears off around windward mark to new course, easing main out, stands up and puts tiller between legs
    - grabs hold of guy in right hand and sheet in left hand
  - C - looks to leeward to make sure halyard is clear, on signal given by H, quickly hoists Spinnaker, then rolls up jib
  - H - pulls back guy to about halfway between the bow and the starboard shroud (for a broad reach angle) and trims sheet to fill spinnaker
    - passes guy first, then sheet to C
  - C - cleats guy and eases sheet until it just starts to curl along starboard edge
    - plays spinnaker, easing and trimming constantly
- (On a run, spinnaker is pulled back so it is in front and slightly to windward. On a beam reach, spinnaker is off to the side, on a broad reach it is somewhere in between.)

### Jibing the Spinnaker

- H – stands up and takes sheet and guy from C
  - puts tiller between legs
  - positions boat dead downwind
- C – eases twing on the starboard side and trims twing on the port side, about four inches from the deck
- H - heads off slightly, initiating the jibe
- C - on signal from H, guides boom over using boomvang, putting some pressure behind it using your hand as it crosses centerline
- H - ducks, and pulls back on the old guy (in your right hand) to help spinnaker around to the starboard side, eases old sheet a little
- C – jibes pole standing up on the port side, then takes guy from H first, then sheet
- H – steers a straight course to next mark

### Taking in Spinnaker Down

*best to do early...*

- C – opens up jib and trims it for a close-hauled course
    - gives sheet to H (guy is still cleated)
    - takes off pole (if on port side) and stows it on the starboard side
    - gathers in foot of spinnaker as H eases out sheet and releases guy
    - once foot is gathered in  $\frac{3}{4}$  of the way, C releases spin halyard and quickly pulls spinnaker into launching bag
  - H – starts to head up around leeward mark
  - C – assists in pulling in the main for H
  - C – cleans boat up, making sure no lines are over the side, doing this with little movement or disturbance to H
  - H – steers fast, watching telltales, concentrating
- If sailing with three people, the forward crew is responsible for the jib, the pole, the hoist and the take down, the middle crew is responsible for “flying” the spinnaker and the helmsman steers